

Intensive Couples and Marriage Retreat

by Dr. Justin D'Arienzo

Psychologist and Relationship Expert

In the tranquility of Florida's beautiful Ponte Vedra Beach, learn research-based strategies for building and maintaining relationship intimacy and connection.

Have you ever planned a romantic getaway or evening, thinking about all of the details – candlelit dinners, romantic beaches, intimacy – only to have your getaway go sour when continuous arguing or worse, silence, spoils the romance? I've been a psychologist and relationship therapist for more than a decade, listening to these same scenarios play out over and over again with couples in marital distress.

Now you can restore your relationship while having a world-class romantic getaway at the exclusive Ponte Vedra Inn & Club in beautiful Ponte Vedra Beach, Florida. Our marriage retreat is a small-group, two day couples retreat, with no more than six couples in each retreat. We offer you research-based skills for deepening intimacy, resolving and managing conflicts, and building, or restoring, your shared path in a private, comfortable, and beautiful setting.

Both days of the retreat will offer lectures, research-based information, role plays, discussion, and exercises (that you will do only with your partner). When listening to educational components you will be seated together as a group in a private setting. When doing the exercises, couples will separate from the group to complete exercises in private, as to not pressure anyone to disclose anything publicly unless a couple is interested in doing so.

Here's what you will learn during the two days of our retreat together:

Day One: Meet and Greet (6:00 PM)

Day Two: Restoring and Deepening Friendship and Intimacy (8:00 AM – 4:00 PM)

Day Three: Resolving Conflict, Improving Communication, and Building a Shared Path (8:00 AM – 4:00 PM)

Dates: February 20-22, 2015

Location: Ponte Vedra Inn & Club

Cost: \$2,600 per couple (does not include hotel accommodations or meals)



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REGISTRATION

Refund/Cancellation Policy: A 50% retainer (non-refundable) is required to guarantee your reservation. This retainer will be applied to the final payment, which is due two weeks prior to the event. 100% of the estimated balance will be charged to your account if cancelled within 14 days of the retreat.

Location Information: The retreat will be held at the Ponte Vedra Inn & Club, a AAA Five-Diamond rated resort and hotel located in Ponte Vedra Beach on Florida's east coast. Ponte Vedra Inn & Club offers quiet opulence and upscale accommodations paired with fine service and a wide array of leisure pursuits. Please visit www.pontevedra.com to make hotel reservations. If you would prefer to stay at a nearby location, please contact us at (904) 379-8094 for a list of nearby hotels. The nearest airport is Jacksonville International Airport.

Contact Information: Please complete form and email it to us at admin@livebetterjax.com or fax it to us at 904-379-8688

Partner 1 Name: _____

Partner 2 Name: _____

Email: _____

Daytime Phone: _____

Evening Phone: _____

Street Address: _____

City: _____ State: _____

Zip/Postal: _____

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Additional Information:

Retreat Date:

Special Requests:

Comments:

We respect your privacy. The information you provide will not be sold, shared, or disseminated in any way.

PLEASE NOTE: After you complete the registration for the intensive couples retreat, a member of our staff will contact you for a follow-up screening. Your registration is not complete until the follow-up screening has been conducted. We will then send you an additional confirmation email and/or letter.